

Reedsville News

August 2011

New District Administrator for the Reedsville School District

As the new District Administrator for the Reedsville School District I have a great deal to learn. My first lesson came in the form of conversations with school staff, alumni and community members. What I learned was that the identity of the Reedsville area is joined at the hip to that of the Reedsville School District. There is a **great** deal of pride regarding our school system. All stakeholders have high expectations for success and work hard to achieve it. It is a place where everyone counts and students are given individual attention for needs within school and outside of the school day. Staff and students get to know each other on a personal level, thereby creating a family atmosphere. The support and respect for both staff and students is evident in daily interactions. Graduates of our school have found success in every facet of life. Upon graduating from the Reedsville School District students are fully prepared for educational/career opportunities and, just as importantly, for life.

The Reedsville School District has shown extraordinary support for our schools. You have made a significant and long term investment in the brick and mortar, which is the structure of our buildings, and, most importantly, the employees who serve our scholars and families. I can assure you that we take our accountability to the public very seriously and that we will strive to demonstrate that the confidence and trust you have placed in us is well founded.

As a school system we are not perfect. In my thirty years as an administrator, who has served districts throughout the state, I can assure you that no "perfect" school district exists. In Reedsville we have challenges to face and areas in need of attention. I can assure you that with your continual support and engagement we will chart a course of success and progressive improvement.

I look forward to meeting the parents and community members who have vested so much in our schools. I welcome your input, your feedback and suggestions. This is your school district and you are valued partners. Only through our collective efforts and commitment can we maintain and enhance this district, which has generated such pride in those who serve it and those who are served by it.

I can be reached at 920-754-4341. My door is always open and I may have a cup of coffee to share. As a last resort, you may see me running along the street or highway and, if you wave me down or beep your horn, I would be grateful to stop and chat with you. (I'm the old slow guy in shorts and a ratty t-shirt).

Finally, as a way of introduction, the most important thing I would want people to know about me is that I am a father of three wonderful children (Brock, Adam, Alisha) and a husband of 30 plus years. Like you, my wife (Kass) and I consider our children to be the most important part of our lives. I am honored to have been chosen to be your Superintendent and will work tirelessly to justify the honor.

Have a great day, why not?

Dennis Raabe

Notes from the Village Hall

Its official, Gary Pautz is retiring! On behalf of the Village Board, Village Employees and citizens of the Village, I would like to thank Gary for his 37+ years as an employee of the Village. His last official day will be July 29th. We all wish you well and are envious, of your retirement!
Thank you Gary!

Chipping Dates:
August 2nd & 16th

Recycling Pick-Up:
August 12th & 26th

Senior Citizen's Meeting
The August Senior Citizen's meeting will be held on Tuesday, August 16th, 2011 at 1:30 P.M. in the Manor Community Room. Any area senior citizens are always welcome to join us. Carol Bubolz, Secretary
Joan Kanter, President
754-4189

Panther and Reedsville Sports Apparel
available at Jim's Golf Cars located on Manitowoc Street, Reedsville. A variety of items are on display and ready for your team spirit to be shown with pride at your next sporting event or out and about in the community. If you have a request or any questions please call 920-905-3710.
Panther Pride is Alive!

SADIE

This month we will introduce Sadie, a 19 year-old Paint. Sadie was donated to Sunrise Horse Farm by Julie Salm. Julie purchased Sadie in November of 2003 from a lady who had her for a number of years and had shown her in some Western shows. The previous owner told Julie that Sadie had been started as a barrel racer, but didn't do the sharp turn well. As Julie worked with Sadie, there were issues that came up in regard to riding and Julie believes that at some time when Sadie was young she was treated harshly, yelled at and whipped. Then someone suggested natural horsemanship which was the start of a great relationship between the two of them. Sadie needed to be reassured that no one would hurt her because anger just scares her and then she reacts in negative behavior. In their mounted natural horsemanship classes, Julie was able to coax her over the wooden platform, over the noisy tarp, under the hanging tarp, between a barrel and the wall, and had her pull a plastic sled. Though she was leery, Sadie listened to Julie and did it.

And then Julie had some health issues and decided to donate Sadie to Sunrise, which was a great blessing to us. Julie told us, "I know she can be a great companion and put her trust in you, if you earn it". Sadie has been a real joy to so many here at Sunrise some of the comments have been: Sadie is my horse, Sadie is so beautiful, and I just love Sadie.

It is interesting that horses understand kindness as we do and will respond accordingly.

For 2010, Sunrise Horse Farm had over 500 participants in our program. Would you like to volunteer and make a difference in someone's life? There are times to fit anyone's schedule. For more information on becoming a volunteer, contact us at:

Sunrise Horse Farm, Inc.

17226 Limekiln Rd.
Reedsville, WI 54230
920.772.4135

sunrise_horsefarm@yahoo.com

2011 Reedsville Fall Hunter Safety Classes

Dates of the classes are: August 31, September 7, 10, 11, and the 12th.

Weekday classes are 6:00 pm to 9:00pm .

Saturday and Sunday class is 8:00 am to noon.

All classes are held at the Reedsville Sportsmen Club.

You need to call Jim Dietrich to sign up for these classes at 754-4625.

There is a \$10.00 fee for classes.

Anyone turning 12 by 12/31/2011 and older can take the classes.

Fox & Hounds

Reedsville

Saturday Night

Broasted Chicken, BBQ Rib

Buffet - \$8.75

Plus a full menu

Serving - 4:30 - 9:00pm

Reservations - 754-4086

Can yeast infections be treated at home?

Many women have experienced a yeast infection at some point in their lives. Women may consider trying an over-the-counter product or wonder if they need professional medical treatment to handle this problem. Here are some guidelines:

If you are sure your symptoms are caused by a vaginal yeast infection, waiting several days to see if the symptoms clear up on their own is not harmful, especially if you expect your menstrual period within that time.

Sometimes a menstrual period will relieve the symptoms of a mild yeast infection. If your symptoms continue after your period, you can first try using nonprescription medicine.

However, please call your health care provider for an appointment within one week if you:

- Develop an unusual vaginal discharge, and this is the first time you have had an infection that might be a vaginal yeast infection.
 - Have unusual vaginal itching.
 - Have pain during sex or urination.
 - Develop any other symptoms that may indicate a vaginal infection.
 - Continue to have symptoms, despite home treatment with a nonprescription medicine.
- Have symptoms return within two months, and you have not been taking antibiotics.

Your health care provider can prescribe fluconazole (Diflucan). Diflucan is an oral medication. It is a single-dose treatment. If you are diagnosed with a yeast infection, please follow your health care provider's instructions closely.

Note: We are a family practice clinic and are happy to serve your health care needs. We will make every attempt to accommodate same day appointments but appreciate you calling to make an appointment.

Denise Brilliant, NP, is a nurse practitioner at Aurora Health Center in Reedsville.



To schedule an appointment, call 920-754-4337.

PATO BANTON & THE NOW GENERATION to appear at United Way Manitowoc County 2011 Campaign Kick-off

United Way Manitowoc County is proud to announce world renowned reggae legend, Pato Banton & the Now Generation, will lead the 2011 United Way Campaign Kick-off with a free concert on Sunday, August 14th at 1:00. The kick-off concert will be held at Washington Park in Manitowoc.

A Pato Banton concert is an event not to be missed and an experience not to be forgotten. Positive Vibrations abound with a beat to keep you on your dancing feet, while Pato delivers a message that is food for the mind and soul. Many have considered his charismatic performance as live theatre where no show is alike and audience members become participants in the experience. Pato dialogues with the crowd on a range of topics including current day events and spiritual freedom while keeping the vibes upbeat and fun!

Pato has been awarded the BBC's Lifetime Achievement Award, for his dedication and commitment to positive change; the Black Music Award for Lifetime Achievement, in recognition of his contribution to the British Music Industry; and the Birmingham Museum has formally honored Pato alongside UB40 and Steel Pulse. Pato continues to tour, and record, with many albums to his credit. Pato Banton lives his mission to spread the "Good News" & "Positive Vibrations" to the "Now Generation".

We encourage people to bring donations of personal care items and/or non-perishable food items. The items collected that day will be distributed to agencies throughout Manitowoc County.

The United Way kickoff is THE annual event that unites us for a common purpose. Join us as we kickoff the 2011 campaign. Be part of making real, long-lasting, positive change in our community.

We look forward to seeing you!

The United Way Manitowoc County improves quality of life in our community through volunteer and resource development, partnership building, and advocacy.

EDUCATION WEEK

Do you want to know more about your body and health? Twice a year Nature's Sunshine conducts Education Week for everyone to learn about taking responsibility for their health.

One of the webinars was:
SOMETHING GETTING ON YOUR NERVES?

Nerve transmitter blocking (acetylcholine) drugs commonly taken for a variety of common medical conditions negatively affect your brain, causing long term cognitive impairment. These drugs are called anticholinergics. They include such common over-the-counter brands as Benadryl, Dramamine, Excedrin PM, Nytol, Sominex, Tylenol PM, and Unisom and prescriptions such as Paxil, Detrol, Demerol and Elavil.

Phys.org July 13, 2010

A junk food diet = a junky brain. Poor nutrition is especially harmful to children. Healthy protein supplies amino acids to help produce neurotransmitters like serotonin and dopamine which promotes alertness and good moods.

B vitamins, especially B6, B12, and folic acid are essential for making neurotransmitters and to prevent dementia and Alzheimer's.

Using an MRI, a linear negative effect of alcohol consumption on brain volume was seen. They concluded that there was brain shrinkage reported as result of low to moderate alcohol consumption.

Human Psychopharmacol. 2009

Apr; 24 (3):199-205

Dr. Amen from the Amen Clinics said that more than 2 alcoholic drinks per week will show brain shrinkage.

The other topics were:
FIVE SECRETS TO LIVELONG LIVER, THE HEART OF THE MATTER, MOVE IT! ENHANCE YOUR DIGESTIVE HEALTH NOW, & THE BUTTERFLY EFFECT: UNDERSTANDING HYPO/HYPERTHYROIDISM

To watch the webinars go to : www.nspwebinars.com

Contact me at:

Roadway To Health

920-772-4135

maryellen@mynsp.com

www.mynsp.com/maryellen

August special - 25% off the retail price of any NSP product

FYI

The next Reedsville News deadline for the September issue is no later than noon on **August 5th**. Note, this due date is earlier than previous deadlines. Submissions can be emailed to ragd@reedsville.org
Thank you!

**The "NEW" Bar
5 Alarm
Reedsville**

across from Fox & Hounds

Happy Hour

Monday - Thursday

4pm -7pm

Free Pool

Sunday - 4pm-close

Stop In!

754-4555

**Recycling
Workshop**

**633 Manitowoc Street,
920-754-4021**

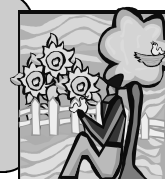
Hours:

**Mon - Fri 8am - 5pm
Top Prices Paid**

Turn Your Aluminum
Cans into Cash



To see the Summer Sky
Is Poetry, though never in a Book it lie-
True Poems flee.
~Emily Dickinson



Holy Family Parish Picnic

Holy Family Grounds
628 Menasha Street
Reedsville

Sunday, August 21st

10:00 AM POLKA MASS

12-2 pm - Music by Jerry Voelker Orchestra

2-6 pm - County B Basement Boys

*BRATS*BURGERS*PORK ROAST SANDWICHES*
VONDRACHEK'S CHICKEN BOOYAH (*UNTIL GONE*)
REFRESHMENTS PIE*

*SILENT AUCTION*BINGO*DUNK TANK*
*KIDS GAMES & ACTIVITIES*VOLLEYBALL TOURNAMENT*

– Cash Raffle –

* \$6000 in cash prizes *

\$2,000 First - \$1,000 Second - \$700 Third - \$500 Fourth

\$400 Fifth - \$300 Sixth - \$200 Seventh/Eighth

\$100 Ninth/Tenth - \$50 11th - 20th

Fox & Hounds Manitowoc Street

Enjoy Friday with
Lake Michigan Perch
3pc. Plate - \$8.50
includes choice of
potato, cole slaw, rye
bread.

4pc. Dinner - \$10.50
includes sides and soup
and salad bar.

We also have walleye,
catfish, haddock, frog
legs and our full menu.
Reservations- 754-4086.

Summer

"The summer night
is like a perfection of
thought."

~ Wallace Stevens

"In summer, the
song sings itself"

~ William Carlos
Williams

"Deep summer is
when laziness finds
respectability"

~ Sam Keen

News from The Village Pantry

In an effort to serve you better we have extended our store hours to also include Mondays. Our hours are 1-7pm Monday and the rest of the week remains the same, Tuesday - Friday 10am - 6pm and Saturday 8am - 2pm.

Have you tried our tasty beef or cheese franks?

They are great on the grill on in the kitchen.

Green bean chips are one of our newest items.

Try them with your favorite dip for a unique dipper.

Making pickles this summer? Check out our pickling mixes, and we also have a variety of canning jars and lids.

Fresh peaches from southern Illinois will be coming soon.

Stop in or call for details. 754-4000

Thank you for your business and support.

Sincerely,
The Lengachers

ZUMBA
with Toning

First class free!
Saturday, Sunday,
Tuesday . . .

see class schedule, below

ZUMBA with Nanci Certified Zumba instructor

At 24/7, Reedsville:
Saturdays, 8 a.m. - 9 a.m.
Sundays, 6 p.m. - 7 p.m.
Tuesdays, 6 p.m. - 7 p.m.

\$25.00/10 classes members; \$35.00/10 classes non-members; Walk-ins: \$5.00

Call or email nanci@zumbalady.com
Phone: 920-905-0760

